

Skillet Seasoning Recipe

Steps

1. Rub skillet inside and out with a very light coat of shortening
2. Preheat oven to 200 degrees
3. Place skillet in oven upside down on a piece of foil and bake 2 hours at 200 degrees
4. Turn oven up and bake for another hour at 300 degrees
5. Turn oven up and bake for another hour at 400 degrees
6. Turn off the oven and "walk away" allowing skillet and oven to cool.